

LITTLE ATHLETICS NEW SOUTH WALES
2022/2023 Zone Track & Field Program - Events by Day

Girls Events

DAY	Under 7 Girls		Under 8 Girls		Under 9 Girls		Under 10 Girls		Under 11 Girls		Under 12 Girls		Under 13 Girls		Under 14 Girls		Under 15 Girls		Under 17 Girls	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
Friday	500 P	L/J	700P						DIS		JAV		200M H TF 3000M	DIS	200M H TF 3000M	JAV	300M H TF 3000M	JAV	300M H TF 3000M	T/J
Saturday	50M 100M		60M H 100M 400M PACK	Dis L/J	60M H 100M 400M TF	S/P H/J	60M H 100M 400M TF	DIS L/J	100m 400M TF 1500M	S/P T/J H/J	100m 400M TF 1500M	H/J DIS	100m 400M TF 1500M	S/P H/J L/J	100m 400M TF 1500M	L/J S/P	100m 400M TF 1500M	H/J DIS T/J	100m 400M TF 1500M	S/P JAV
Sunday	200M 70M	Dis S/P	200M 70M	S/P	800M TF 70M 200M 700W	DIS L/J	800M TF 70M 200M 1100W	S/P H/J	800M TF 200M 80H 1100W	L/J Jav	800M TF 200M 80H 1500W	L/J T/J S/P	80M H 800M TF 200M 1500W	T/J JAV	80M H 800M TF 200M 1500W	DIS H/J T/J	90M H 800M TF 200M 1500W	L/J S/P	100M H 800M TF 200M 1500W	L/J DIS H/J

Boys Events

DAY	Under 7 Boys		Under 8 Boys		Under 9 Boys		Under 10 Boys		Under 11 Boys		Under 12 Boys		Under 13 Boys		Under 14 Boys		Under 15 Boys		Under 17 Boys	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
Friday	500 P	L/J	700P						DIS		JAV		200M H TF 3000M		200M H TF 3000M	JAV	300M H TF 3000M	JAV	300M H TF 3000M	T/J
Saturday	50M 100M	S/P	60M H 100M 400M PACK	L/J S/P	60M H 100M 400M TF	H/J S/P	60M H 400M TF 100M	L/J DIS	400M TF 100M 1500M	JAV T/J S/P	400M TF 100M 1500M	L/J DIS	400M TF 100M 1500M	DIS L/J JAV	400M TF 100M 1500M	DIS H/J	400M TF 100M 1500M	L/J S/P	400M TF 100M 1500M	DIS L/J H/J
Sunday	200M 70M	Dis	200M 70M	Dis	800M TF 70M 200M 700W	L/J DIS	800M TF 70M 200M 1100W	S/P H/J	800M TF 200M 80M H 1100W	H/J L/J	800M TF 200M 80M H 1500W	S/P T/J H/J	80M H 800M TF 200M 1500W	S/P H/J T/J	90M H 800M TF 200M 1500W	L/J S/P T/J	100M H 800M TF 200M 1500W	H/J T/J DIS	110M H 800M TF 200M 1500W	S/P Jav H/J

DRAFT