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# **ANNUAL REPORT**

**2020/2021**

**PRESENTATION DAY**

**SUNDAY 19<sup>TH</sup> MAY 2021**





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# PRESIDENT'S REPORT

Steven Pospischil

The 2020/21 season threw a lot of challenges at us as a club during my first year as President. With the Covid-19 Pandemic affecting the 2020 winter sports before our season commenced, we were not sure that we would even get an athletics season in. If we did, what would it look like? The committee put some scenarios together through the middle of 2020, with the aim that we would do everything possible to ensure our athletes had some sort of regular athletics program. Luckily for us, restrictions were eased slightly and we were able to commence our season on time, albeit with some very different processes in place such as Covid check-in and sanitising everything. For our club, that meant for the first time ever we had to split our running day between junior and senior athletes in order to comply with restrictions on large gatherings. We also redesigned our program to a 3-week schedule, so as to reduce the amount of time people gathered waiting for their events.

We missed out on being able to run a Zone Championships this season, but by January this year, restrictions had eased enough to allow for a Region carnival, at least for the junior athletes of U9-U12. Senior athletes of U13-U17 found themselves nominating for State Championships based on meeting minimum performance criteria. Despite all those changes, we still managed to send 51 WHAC athletes to State over the 2 weekends it was held, and came back with 18 medals and many top 8 results and PBs. Congratulations also to the small number of 18+ athletes who competed with us as ANSW athletes. I'm hoping to see many more next year, with the aim of having a dedicated group of young adults post Little Athletics.

Overall, we had a very successful season at Gooden with athletes being able to spend time with their friends whilst having fun competing and achieving lots of PBs. Despite the split mornings, we also found that the Winston Hills community spirit was very much alive during both sessions. A heartfelt thanks to all the volunteers who helped make this season so successful. It takes well over 100 parent volunteers each running day to enable us to make athletics great for children of the Winston Hills and surrounding areas, and the club values your efforts. Thanks also to Heidi Juhart, Angela East and Yasmin Duckworth for starting up the canteen again once we got through the initial Covid period. We are hoping to get the BBQ running again next season so we are on the lookout for some budding BBQ gurus to take charge of that!

I would also like to give a personal thanks to Claire Pospischil, Richard Abela and Anna Chevalier who filled in at various times during the season for the vacant Vice President role assisting myself and the broader committee, picking up unassigned tasks, and offering frank advice. Claire also picked up the newly created role of Covid Coordinator, which turned out to be a rather big job to get the season underway. With this season being very different to previous seasons it was imperative that the committee had the confidence to do what needed to be done throughout the season. Thank you to each of the Committee members for your individual inputs to make this season a great one. I certainly enjoyed the challenge of this season knowing I had a great committee with me.

The committee would also like to thank Richard Abela and Anne-Marie Torrens for their dedication to the club and committee over the years, as well as their commitment to continuously come up with better ways to do things. We will lose valuable experience



# SECRETARY'S REPORT

Jeffrey Grubba

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This season has been like no other season before. The constraints of Covid meant a change in the way Saturdays were run with the splitting of Junior and Senior athletes and the earlier morning starts. A massive thank you must go to Claire and Steve Pospischil for their efforts in drawing up and providing Covid safe protocols which enabled our club to run smoothly each week. A big thank you to all the parents and athletes who each week did the right thing.

To the committee members who are not seeking re-election, Richard and Anne Marie, Thank You on behalf of myself and all our members. You will be missed but your efforts have been herculean over a number of years. The club is in a much better position for your work. To fellow committee members, a big thank you to everyone and your efforts. A club is only as good as the people who help run it, and Winston Hills is fortunate to have some good people.

Thank you to all the coaches: Paul Byron, Nick Long, Paul Kennedy, Geoff Dalrymple, Charles Tees, Peter Mylonas, Steve Pospischil and David Bruce. The time and effort that you give the kids is so invaluable and appreciated. The results achieved at the various Championships shows we are doing things well.

To the life members, parents and members who come back and help out at the various carnivals and Saturday mornings, it is a massive help.

Thank you to all the age managers who put in the time and efforts for our athletes. Hopefully we will see you all back next season. To the great sponsors, thank you.

Also, a special mention to our unofficial/official photographer Gerard Chevalier. The photos we see on the Facebook site each week are great. A strong tick of approval from all parents and little athletes. They capture those very special moments perfectly.

Hopefully normality returns in 2021/2022 season and all age groups can run together on a Saturday Morning.





# TREASURER'S REPORT

Scott Henderson

While COVID-19 has affected global finances in ways none of us thought possible, your Club has been able to preserve and strengthen its financial position.

During 2020-21, your Committee made decisions that reduced the Club's expenditures by 50% from the prior season as we were uncertain how the pandemic could affect your finances.

The year started poorly with the cancellation of State and National Championships, the Cross- Country season, and all school carnivals. We were also concerned that restrictions would prevent us from opening our canteen and may have prevented our sponsors from returning this season.

The potential lost income from these factors was in the range of \$35,000, so the Committee decided not to purchase training shirts the 2020-21 season to conserve funds for COVID-19 readiness.

Registration fees fell, on a net basis, due to a reduction in athletes. The number of registered athletes fell by 82 or 17% while registration fees, net of payments to LANSW, fell by 9%.

Despite our concerns, most of our sponsors returned for the 2020-21 season. We would like to especially thank our 2020-21 sponsors:

<b>Platinum Sponsors:</b>	Novale Bathrooms; Winston Hills Mall
<b>Gold Sponsors:</b>	Classico Concrete; Irresistible Pools & Spas
<b>Silver Sponsors:</b>	Chatterbee Speech Pathology; Nadaya Financial; Mylonas, Mylonas & O'Callaghan & Associates Veterinary Hospital.

During 2020-21, your Club received \$6,553 in grants from our parent entity, Winston Hills Sports Club. We also remitted membership fees of \$5 per athlete, totalling \$2,070 to them.

Uniform sales fell again this season, as the free uniforms provided to returning athletes in 2019- 20, who may have needed to purchase a new uniform last season or this season, continued to impact sales. Purchases remained high relative to sales this season as we continued to build inventory of uniforms and hats for sales that did not eventuate.

As we were only able to sell ice blocks and drinks, the canteen contributed \$1,700, an 85% reduction from the \$10,719 generated in the previous season.



# TREASURER'S REPORT

Scott Henderson

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Total income fell by \$26,800 or 30% from the prior season, due to the abovementioned impact from the COVID-19 pandemic.

Presentation Day expenses for the previous season fell as the Presentation Day itself was cancelled, resulting in a cost saving from meals and entertainment that would have been provided on that day.

Purchases of assets and equipment were higher this season due to purchase of new high jump mats that cost \$6,640. We continue to monitor the quality and usability of our assets and equipment to ensure athletes are provided with a safe and effective environment within which to compete.

Your Club continues to value the contributions made by our parent and other family volunteers. During 2020-21, we spent almost \$3,200 on awards, prizes, and events to show our appreciation for their efforts.

Repairs and maintenance expenses were lower as we conserved funds and repaired as many items as possible ourselves.

Competition expenses fell significantly as all championships and interstate competitions were cancelled due to COVID-19.

Coaches, conferences, and training expenses were negligible due to the Little Athletics NSW Annual Conference being held online and the cancellation of all other coaching events. Your Club remains in a strong financial position, with a closing cash balance of \$119,578, \$22,765 higher than the prior year.

It should be noted that the Income and Expenditure Statement are fully reconciled and have been examined by a current member of the Club.



# TREASURER'S REPORT

Scott Henderson

1 April 2019 to 1 April 2020 to  
31 March 2020 31 March 2021

<b>Opening Balance</b>	<b>89,590.09</b>	<b>96,811.88</b>
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## Income

WHLAC registrations incl. WHSC fees	38,468.85	34,830.71
Sponsorship	11,750.00	12,000.00
Grants and rebates	6,440.00	7,552.51
Uniform sales	7,095.00	5,971.38
Canteen and BBQ sales	21,602.65	2,876.60
Fundraising	3,400.00	870.00
Other income	1,680.00	160.00
Coffee commission	525.00	0.00
Investment income	80.94	0.00

<b>Total income</b>	<b>91,042.44</b>	<b>64,261.20</b>
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## Expense

Presentation day / end of season	11,650.83	9,489.31
Uniforms	15,539.80	7,188.50
Purchases of equipment	2,936.99	6,640.00
Purchases of assets	3,296.70	4,781.66
Volunteer appreciation	3,534.86	3,197.30
Repairs and maintenance	3,774.85	2,420.67
WHSC fees	2,485.00	2,070.00
COVID-19 expenses	0.00	1,315.46
Canteen expenses	10,883.19	1,186.80
Grounds hire	1,065.60	1,094.40
Postage, printing and stationery	254.82	722.73
Competition expenses	5,764.00	280.00
Registration fees	65.00	275.00
Coaches, conferences and training	2,010.60	130.00
General expenses	747.05	47.19
Sponsorship related costs	13,985.40	0.00
Donations	5,100.00	0.00
Bank charges	725.96	656.86

<b>Total expense</b>	<b>83,820.65</b>	<b>41,495.88</b>
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<b>Income less Expense</b>	<b>7,221.79</b>	<b>22,765.32</b>
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<b>Closing Balance</b>	<b>96,811.88</b>	<b>119,577.20</b>
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# REGISTRAR'S REPORT

Kylie Webster

## **LANSW Registrations**

We went into this season with restrictions due to COVID. With a change of the weekly timetable, we did not need to cap our registration numbers.

### **Points of Interest**

The NSW government introduced a 2nd \$100 Active Kids vouchers for the second half of the calendar year.

LANSW offered a reduced registration fee for registrations from January 2021.

WHAC transitioned to online registration for triallists due to COVID restrictions.

Once again WHLAC were able to offer a 2 week trial to interested athletes prior to the commitment of registering. This allows new athletes to give all the events a go and experience the structure of the events on Saturday mornings. This year we transitioned to online triallist registering. We had 40 triallists register and from this number 67% went on to register with our club, however the amount of triallist were down by 67 athletes on previous year. This number could be represented by the uncertainty of COVID or, the online process being a little harder to navigate, rather than just presenting at the clubhouse on a Saturday morning.

This season our registrations decreased by 16% which was possibly due to the uncertainty of COVID. The NSW government did offer once again the second active kids voucher. This was able to give families the financial support to be able to participate in both a winter and summer sport.

From our 415 athletes, we welcomed 114 new athletes to Winston Hills. 21% of these athletes were for our tiny tots, with the remainder 79% being spilt across our 6 to 17 age groups.



# REGISTRAR'S REPORT

Kylie Webster

## Total Registrations 2020 / 2021 Season:

2020-2021 Current Season				2019-2020 Season
Age Groups	Female	Male	Grand Total	Grand Total
Tiny Tots	10	18	28	46
Under 6 Athlete	17	25	42	43
Under 7 Athlete	18	32	50	58
Under 8 Athlete	21	27	48	56
Under 9 Athlete	21	21	42	56
Under 10 Athlete	15	18	33	52
Under 11 Athlete	26	22	45	40
Under 12 Athlete	9	14	23	41
Under 13 Athlete	13	19	32	41
Under 14 Athlete	12	11	23	23
Under 15 Athlete	12	8	20	21
Under 17 Athlete	10	16	26	20
<b>Grand Total</b>	<b>184</b>	<b>231</b>	<b>415</b>	<b>497</b>

## Senior's Registrations

This year saw the change of registration for ANSW. Previously, all dual athletes in the under 13 to under 17 age groups were automatically added to our seniors club if no other club nominated. The change this year was to not transfer all dual athletes, and instead, request athletes that were wanting to compete at a senior level, to register separately with the club of their choice. No additional registration fees were charged for dual athletes.

In the 2020/21 ANSW season, Registrations were as below:

Dual Athletes	29
Concessional Athletes	2
Other	1
Committee	2
Total	34

Looking forward to next season!!!



# RECORDS AND RANKINGS REPORT

Anne-Marie Torrens

And with a click of our fingers and a wiggle of our noses, the season is over once again. It seems a lifetime ago that we were all wondering if we would even be able to have a season of running, jumping, throwing and walking. Thanks to our COVID marshall/organiser Claire Pospischil and the committee in general, we were able to start on time, and aside from a few washed out rainy days, we managed a full Little Athletics season.

In total, we had 414 registered athletes, down from our 499 last year, but a fabulous number given the circumstances. We had 19 Saturday morning running days, as well as our first week where no results were recorded, two washed out days, two weeks of Christmas break and a week off for the Region 6 Littles Qualifying Carnival. Of those 414 athletes, 28 are Tiny Tots so do not have results recorded, leaving 386 athletes for whom we record results each week. Those 386 athletes managed 9886 PBs this year, an average of just over 25 PBs per athlete over the season. Whilst the athlete numbers were down, the PB average was up marginally from last year (just under 24 PBs per athlete last year).

As in previous years, we have had many records broken with several being athletes who set records early in the season and then broke their own records towards the end of the season. This is surely a testament to the commitment and dedication by both athletes and coaches alike. For the first time at WHAC, the U6 and U7 boys and girls ran their 50 metre races on the timed straight track, so these events also have new benchmarks for future season.

GIRLS			BOYS		
u6	50 m (new)	Shreya Iyer	u6	50 m (new)	Patrick Morris
u7	50 m (new)	Sophie Hoddinett	u7	50 m (new)	Theodore Foggo
u9	High Jump	Jayda Isherwood (x4)	u7	500m Pack Race	Theodore Foggo (x2)
u11	Discus	Emilia Rebaza	u10	High Jump	Taine Katalinic (x2)
u11	80m Hurdles	Emilia Muccino	u11	80 m Hurdles	Charlie Andrews (x4)
u12	80m Hurdles	Caitlyn Martin (x3)	u11	Discus	Aaron Chevalier (x2)
u15	High Jump	Vanessa Apel	u11	Javelin	Aaron Chevalier
			u13	80 m Hurdles	Rhys Webster
			u17	Discus	Rohnan Lindsay
			u17	100 m	Lachlan Wood
				200 m	Lachlan Wood
				1500 m Walk	Xandar Reckerman





# RECORDS AND RANKINGS REPORT

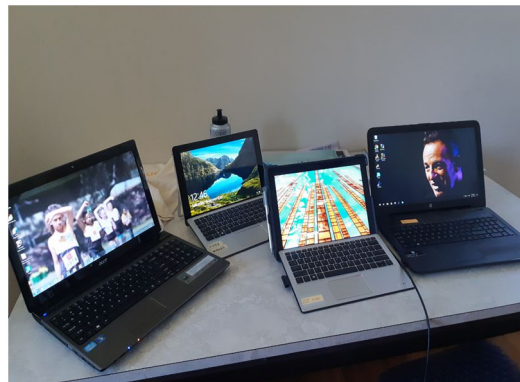
Anne-Marie Torrens

Of course, none of the results would be entered without the assistance of our trusty team of data entry angels. Thanks must go to Alison Andrews, Jane Francis and Donna Hand for helping each week and to Leanne Webber for jumping on the data entry bus towards the end of the season.

We have multiple computer operators at our club and many starters who volunteer each week. Without these helpers, we would not be able to run each Saturday morning. Thank you to Alison Andrews, Jane Francis, Justin Barrett, Jen Chen, Kylie Christie, Jake Christie, Richard Abela, Leanne Webber, Chelsey Torrens, Jorge Zapatero, Dave Porter, Chris Hand, Jason Cheeseman and Claire Pospischil.

Once again, I need to extend my heartfelt thanks and appreciation to Richard Abela for his assistance each week with our timing gates and laptops. He wanders around each Saturday morning troubleshooting when required, liaising with our software support team and fills in when I am away. Thanks buddy.

Lastly, to our WHAC Committee, thank you for the last five years of support in my role as Officer for Records and Rankings. WHAC really is the best club with which to be associated. I say farewell to this role for now and wish the best of luck to whoever takes over the role next season.





# CHAMPIONSHIPS REPORT

Claire Pospischil

As I prepare this report in Easter 2021 I've paused to reflect on the past year. In mid-March 2020, a virus (ironically described by one of our boys as our friend COVID) changed many things about our lives, both here and globally. For a couple of months, it seemed very unlikely that there would be a 20/21 little athletics season. It is fantastic that we have ended up being able to gather at Gooden and give an opportunity for local athletes to run, jump, throw and socialise with their friends. The committee off season was like no other I have experienced, with NSW Health liaison, public health order familiarisation, drafting a COVID safe compliance plan, then delivering all the elements to turn the plan into reality. It seems so long ago, but when we were in advanced planning to start the season, there were COVID cases in schools attended by athletes from our club and in nearby suburbs. The safety and public health compliance for all attendees at Gooden was front of mind for the WHAC committee and guided our decision making for the management of the season. Thank you to the age managers for your willingness to lead your age groups through the revised season format. Thanks also to the parents and coaches for your high compliance with the site scan in and out requirements.

Championships wise, like many things, worked differently for our 20/21 season. There were four championships meets, a region carnival in February for the under 9-12 age groups, a state combined meet at Wollongong, then two state championship meets at Homebush, one each for the u9-12's (littles state champs) and the u13-17's (youth state champs). There was a great excitement at the region carnival for both athletes and officials, as it was the first carnival they had attended in a year. WHAC supplied over 15 officials to support running the region carnival. A particular shout out to the following officials who volunteered with no current athletes at the club: life members Sara Welsby, Karen Cochrane, Jorge Zapatero and Simon Nicola, plus our wonderful track starter Daniel Bliss.

WHAC had 56 athletes compete at region. Matilda Webb set a region record in 12G 1500m race walk. Along with a lot of personal bests, 20 athletes had a top 3 finish across 32 events, congratulations to:

1st:

- 9's: Justice 200m, Jayda high jump, Lachlan M 700m race walk
- 10's: Sanjana shot
- 11's: Emelia 400m, Katherine high jump, Emilia discus, Aaron triple jump and javelin

12's: Caitlyn high/triple/long jump, Matilda 1500m race walk

2nd:

- 10's: Patrick 1100m race walk, Taine high jump
- 11's: Bryson 400m, Charlie hurdles, Aaron discus





# CHAMPIONSHIPS REPORT

Claire Pospischil

3rd:

- 9's: Jayda 60m hurdles, Bernie 800m and 60m hurdles, Alex N high jump
- 10's: Sanjana discus, Maeve 1100m race walk, Ryan hurdles and Taine shot
- 11's: Emelia 800m, Lyla 1500m, Katherine hurdles, Violet shot, Bryson long jump
- 

Thanks also to the boys and girls in the two 4 x 100m relay teams and to Charlie Tees for your coaching preparation.

State combined meet was held at Wollongong in early March 2021. 12 attendees competed from WHAC, with several personal bests set over the weekend. Congratulations to the three WHAC athletes who medalled at this meet, with Vanessa (15G) winning silver, while both Rachel (15G) and Charlie (11B) winning bronze in their age groups.

52 WHAC athletes qualified for the two state championship meets. It was pleasing to see that 19 of the 52 athletes were first time state qualifiers, coming from across the 9's to the 17's age groups.

The little state champs meet for the u9-12 age groups was held 20-21 March at Homebush, with 21 athletes qualified. A shout out to all the athletes for their perseverance and the officials who worked across the weekend to run the carnival in testing conditions of heavy rain.

Five WHAC athletes from this group achieved state medals across six events, congratulations to:

1st: Charlie (11B) 80m hurdles, Aaron (11B) discus

2nd: Aaron (11B) javelin

3rd: Caitlyn (12G) high jump, Jayda (9G) high jump, Matilda (12G) 1500m race walk

For the youth state championships on 27-28 March, 31 WHAC athletes qualified. Congratulations to the eight athletes who achieved state medals across 12 events:

1st: Rhys 200m hurdles (13B), Vanessa (15G) high jump, Lachlan (17B) 400m

2nd: Rhys 80m hurdles and 100m, Daniela (13G), 1500m race walk, Josh (13B) 400m

3rd: Anthony (13B) triple jump, Riley (14B) 800m, Vanessa (15G) javelin, Brendan (17B) 1500m race walk, Lachlan (17B) 100m

Three WHAC athletes were selected for NSW representative teams into the Coles little athletics National Challenge, based on state championships and state combined carnival results.

Congratulations to Rhys (13B), Rachel (15G) and Vanessa (15G) for your selection, it's a fantastic recognition of your great effort and results.



# AGE MANAGER REPORTS

TINY TOTS – U17s

When I was asked to be Age Manager for the Tiny Tots I had to try and remember how Tiny Tots ran as it had been 10 years since my youngest had gone through Tiny Tots. With initial help from Louis Tuyao, I quickly learnt how to run a morning session. After a later start to the season and an earlier start time, our little group grew to number 28.

I want to thank all the kids for the way they participated, gained confidence, learnt new skills, made new friend and had a good time. Big thank you to all the Parents and kids for your help throughout the session and for the lovely gifts and cards which I greatly appreciated. I think I had as much fun as the kids and even hit the dance floor one morning dancing under the parachute. Hopefully you enjoy the Autumn/Winter break and we see you back next season.





## **U6 Boys**

*Age Manager: Johnny Morris*

*Assistant Age Manager: Elise Hamilton-Foster*

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This was my first year stepping up to an age manager role after learning from one of the best (Thanks Belinda) the last couple of seasons. I was a bit nervous taking the role of guiding 20 plus wild and crazy under 6 boys and just how I was going to be able to keep them all focused and excited. All I can say is that I couldn't have asked for a better group of young boys to have in my group. Their constant energy and enthusiasm was contagious and made it so much fun. Everyone always seemed to be so happy to be there every Saturday morning. Their willingness to try everything was amazing and they were all super competitive in a very sportsman like way and wanting to do their best in each event every week.

The development of all the boys throughout the season was fantastic, the constant number of PBs each week as we worked on getting their confidence up and their techniques better was so great to see. This was highlighted towards the end of the season in one event when every single boy in one of our 70m sprints ran a PB!!! I was super proud of the boys in how they strived to compete at their best and always cheered on and supported each other while most importantly all having fun. The development of friendships between boys that didn't know each other through school or other sports before was also great to see. I can't wait for next season to hopefully see all the boys back for another season and watch them develop their talent and skills even more.

A huge thank you to Elise who helped me out so much and was a fantastic assistant age manager this season, it was definitely a team effort and I couldn't have done it without you. Also a big thank you to the amazing group of parents that helped out week in week out whether it's on the tape measuring or keeping the boys entertained or under control while waiting for their turns it was all greatly appreciated.

## ***Under 6 Girls***

*Age Manager: Hannah Russell*

*Assistant Age Manager: Natalie Harrison*

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What an amazing season with this group of girls.

Many of the Under 6 girls moved up from Tiny Tots as well as many new faces started the season.



The first few sessions were full of fun as the girls learnt about running in lanes, jumping and jumping into the sand as well as throwing a 'proper' discus and shot putt. There were so many highlights throughout the season, however who can go past the massive smiles that the girls brought with them each week. It made getting out of bed on a Saturday so much easier.

The enthusiasm the girls shone through each week, encouraging each other to consistently do their best. They were eager to get a PB in every event and when they did they were so proud of themselves. Learning the correct techniques for the events is never easy and it often took me by surprise that once they had mastered the technique how quickly they would move their PB's.



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Someone mentioned to me how the PB's would be harder to achieve in January and February after the break and a lot of the girls started school, however they managed to have a week in early February where every girl got a PB in a least one event!



Sadly, in early January our beloved Natalie and daughter Felicity moved to Orange. We missed them dearly and I would like to take this opportunity to thank the parents that stepped up to help me out when it was needed. Without your help and support the girls would not have achieved what they did this season.



It has been a pleasure it has been to coach these wonderful girls throughout the season. Many laughs were had and many, many new things were learned by the girls and particularly by me. I will miss you all through winter and I look forward to seeing you all back for next season!

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## **U7 Boys**

*Age Manager: Nathan Bouquet*  
*Assistant Age Manager: Nicholas Long*

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Another season done and dusted. We had a great year with all the boys and I must say competition was fierce. Very proud of the commitment shown each and every week, striving to achieve PB's in every event.



We had a few friendly rivalries that really brought out that competitive nature in this group of athletes and it was really good to watch and be part of. Whether it was on the track running neck and neck or going after distance in the field events, we witnessed some impressive feats. I found it pleasing that all the boys were keen to achieve, setting goals throughout the season and many reaping the rewards of their hard work. Unfortunately with the challenges with COVID, we were unable to compete at Zone this year, which is a shame because I feel this group would have had a very successful carnival across all events.

While turning up and doing your best is what athletics is all about, it's really important to develop technique particularly at this age. I'm pleased with the application that the boys showed in this area which translated into a number of PB's later in the season. There were also a number of boys doing extras on the weekend and attending club training during the week which is great dedication. Well done boys.

A special mention to Theo Foggo. Theo put in a lot of hard work this year which culminated in him breaking the club record in the 500m on his second attempt and then bettering the mark later in the season by almost 3 seconds. Well done Theo. Super effort!!

To all the parents that help out every week whether it be set up, recording, raking, marking or just helping maintain some sort of order, sincerely thank you. Keeping 30+ 7 year olds is a challenge and we couldn't do it without you.

To Nick, the boys love and respect you so much. Thanks for the time you take with each them giving pointers for things they can focus on. A few of the boys got some extra tutelage with you on Wednesday nights with middle distance training. Really enjoy being on this journey with you mate. Keep up the good work legend.

Congratulations to everyone for another successful and enjoyable season. I've enjoyed it thoroughly. See you all again next year.



## ***Under 7 Girls***

*Age Manager: Debbie Scerri*

*Assistant Age Manager: John Volpe*

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It was a great season of Little Athletics for the Under 7 Girls, despite the earlier start. Each and every week they tried their hardest and achieved many PB's. I am very proud of everyone's performances throughout the year and want to congratulate every single girl for their super effort and fantastic results that they achieved over the season. They have been an absolute pleasure to work with throughout the season – I believe they were the most well behaved and enthusiastic group!



This year we saw the introduction of the 500 metre run which quickly became a favourite event for some, whilst others looked forward to the ice block at the end. Despite the event, the girls tried their best, achieving great results and as the season progressed we saw throws and jumps getting longer and running times shorter.

Thank you to Aadya, Amalia, Arya, Chloe Jade, Elizabeth, Eshita, Estelle, Eva, Giada, Hayley, Lola, Luana, Lyla, Maya, Olivia, Sienna and Sophie. I hope that you have enjoyed the season and will return for the next one.

A very special thank you to John for taking on the role of Assistant Age Manager and all of the parent helpers who were always willing to assist in any way possible.

## ***Under 8 Girls***

*Age Manager: Penny Wallace*

*Assistant Age Manager: Samantha Johnston*

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This season, the Under 8 girls were super excited and full of energy really, really early in the morning, from 7:30am! Even though we had COVID restrictions our group still had over 20 athletes, with at least 18 turning up each week. It was a fantastic to see many of our athletes return from last year and some new girls joining our group.



The girls were excited to finally go on the hurdles track, running 60m hurdles with lots of smiles and excitement. We always got little squeals when hurdles were on the weekly program. We also increased our running distance to 700m, which got a few groans at the beginning of the season, but by the end of the season and lollipops or zooper dooper bribes, the girls were running faster around the track and no one was walking by the end of the season. Great effort Under 8 girls! You should all be super proud of yourselves getting over the hurdles and running the 700m.



We continued to see you improve your running skills with lots of PB's in all our running events. Our throws are improving too, even though we had to move up in weight, all the girls tried even harder and put some extra humph to throw further. Long jump is one of the girl's favourite events, with the girl improving each week. This season the girls did well in being responsible for measuring up their individual run up each week. Girls, you were fantastic at doing this each week and making little adjustments when needed!





We were lucky that only rain stopped a couple of running days but due to COVID we did miss out on Zone. However, there were gala days and some of our Under 8 girls took the opportunity to join in some extra competition, well done!



Each season we are lucky to have our fantastic parents, who sign up for duties, rake the long jump pit, measure out our throws and get talked into the First Aid role. Thank you so much for all your support, it makes the age manager role easier for us. And we were lucky we had extra helpers this season from some Under 13 girls, Lily, Bianca & Hayley. They helped the Under 8's in running, long jump and played games each week to entertain our group. Thank you Under 13's girls, we really appreciate you getting out of bed early for 7:30am session.

It was another fantastic season girls and I hope you are looking forward to some new events next season!

## **U8 Boys**

*Age Manager: Belinda Waddington*

*Assistant Age Manager: Brendan Pospischil*

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What an unusual and wonderful season these boys had this year! This year we said goodbye to our old Assistant Age Manager John as he moved to the Under 6 Boys age group but welcomed our new Assistant Age Manager Brendan. The boys were in awe of how tall Brendan was and how easily he could jump/step over the hurdles and he was a great addition to our not so little group!



This year we faced new challenges from our new three-week program and trying to squeeze everything into a shorter time frame (which we were very successful with by the end of the season!) as well as learning how to jump over hurdles and increasing our long-distance length to 700m! Whilst not everyone in the group enjoyed these new events, everyone gave it 100% every week and everyone was able to run the whole 700m distance by the end of the season which was a fantastic achievement!



The boys have all pushed each other throughout the season with some serious friendly competition between Tatum, Tayem, Jordan & Isaac in the shorter distance running events and pushing out to include Nate, Harvey, Josh O, Josh W in the longer running events. The competition was fierce in these events and each week the boys stepped up and pushed each other to achieve their best. Finley, Zachary, Cian & Tommy were dark horses in the 200m event while Lincoln & Eddie showed significant improvement in the 100m. Felix showed great determination in our new 60m Hurdles event.



We also had some fantastic competition in our throwing events with Josh W, Harvey, Patrick, Samuel, Jacob, Jordan and Vivaan all throwing over 10m in their discus while Kalvian, Felix and Liam made significant improvements in this event. William S, Joshua G, William M, Carter & William M also made some fantastic PBs in their shot-put events.



Our age group wasn't able to participate in many of the normal carnivals held throughout the season from Zone & Region to State Relays, however we did have a few kids who participated in the State Multi Carnival and a couple of the smaller Gala days held by other clubs. We also had a few boys who decided to push themselves even further and joined in the 1500m middle distance running events throughout the season. Well done boys!



I was so proud of the sportsmanship that each of the boys showed every week. This included cheering on their friends throughout different running heats, congratulating new PBs as well as giving each other tips to help them succeed every week.

Thank you to all the parents that stepped up to help every week, particularly those that also had other children participating throughout the morning. Our mornings wouldn't have run as smoothly as they did without all your support and I definitely appreciate it!

Looking forward to the next season and seeing us all attempt the walks and high jump in the U9s!



## **U9 Girls**

*Age Manager: Kristy Haywood  
Assistant Age Manager: Belinda Hamilton*

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Firstly, we feel incredibly grateful, after missing so much winter sport, that we were able to enjoy a wonderful summer season of Athletics. A huge thank you to our Committee for their efforts and planning in making sure that WHAC could meet the requirements of operating a COVID-Safe community sport event every weekend. As a result, our U9 Girls had a very successful 2020/2021 season, and we were very lucky to have some new and enthusiastic girls and families join our group.



The beginning of the season always sees us remembering how to do our events, helping our new participants learn, and upskilling our team of parents in running our events. This season, as U9's we also had the new challenges of learning how to scissor high jump and how to race walk! The walk and high jump gave our team of athletes some new opportunities to expand their skills and shine. By the end of the season we had all succeeded in scissoring over the high jump bar. Impressively – Jayda broke the U9 Girls High Jump Club Record four times over the course of the season!



Our opportunities to compete in carnivals this season were more limited, but we are very proud that Piper took up the challenge of participating in the State Multi Carnival in

Wollongong, and that Justice, Kiara, Jayda, Elly, Sara, Rachel and Aneeka represented us at the Region 6 Littles State Qualifying Carnival at Blacktown. There were some determined efforts and fantastic PB's achieved at both carnivals.

Well done to the girls who made the finals in their events at the Region 6 Carnival:

- Justice – 5 th in 100m, 1 st in 200m, 6 th in 400m
- Kiara – 4 th in Long Jump, 8 th in 70m
- Jayda – 4 th in 100m, 3 rd in 60m Hurdles, 1 st in High Jump
- Elly – 5 th in 800m
- Aneeka – 8 th in Discus.

Justice, Elly and Congratulations to Jayda who finished the season on a high, placing 3rd in High Jump in NSW.



A huge thank you to the reliable parent helpers who have supported the U9 Girls this year – those who volunteer to assist to run/record events, take their turns on the rostered club duties, organise our important Zooper Dooper supply, and those who act as officials and on the WHAC Committee - our Summer Saturdays would not be possible without you. Also, to our Senior Athletes who came to the early Saturday morning session, to help us to learn our new events, and to our fearless Assistant Age Manager Belinda, who keeps us all organised and running smoothly on Saturday mornings!

Overall, 2020/2021 has been loads of fun, and we are very proud of the efforts of our girls across the season. Everyone is walking and running faster, jumping longer and higher, and throwing further – so all those early Saturday mornings have been worth it! It has been fantastic to see this group continue to learn, step up to new challenges, build their confidence, improve on their skills, and support and encourage everyone's efforts, whilst building great friendships through sport. We are looking forward to seeing many of you return for the 2021/2022 season!



## ***U9 Boys***

***Age Manager: David Macheski***

The current season came and went in the blink of an eye! It was fantastic to see so many boys return for another season of athletics and we welcomed some new faces into the fold. We were lucky to have an almost full season of athletics this year and it brought with it both rewards and challenges. It was also exciting to see several boys qualify for Regionals and then perform outstandingly to get to the State Carnival.



We had strong competition all year amongst the boys with a number of standouts, not only for those that were fortunate enough to make it to State but also on our Saturday mornings. Many of the boys started to settle into preferred disciplines while others continue to be strong across the board. No matter what the event or the level of skill the boys were always eager to support and cheer each other on and they left no-one behind.

Whilst I am proud of Bernie, Alexander, and Lachlan for making it to State and Hayden, Quinn and Jonah and Oliver for making it to Regionals it was unlucky for James to just miss out. I am most proud of seeing the continued commitment from boys such as Joshua, Hadi and Edward for turning up Saturday after Saturday and giving their best. This takes nothing away from Solomon, Nolan, Vinnie and Samuel who all continued to show up week after week and improve considerably.

It cannot go without saying that each weekend wouldn't be successful without the support and involvement of many of the parents. I thank you enough for your help and assistance especially Nicole and Natalia. A big thank you also goes to those senior athletes that took time to mentor the boys in some of their events, Vanessa in high jump, Brendan with the walks and Jake with the boys starts to the 100 meters.

It is great to see the spirit of athletics still strong in the unit 9 boys and I look forward to seeing many of you again next year.

## ***U10 Boys***

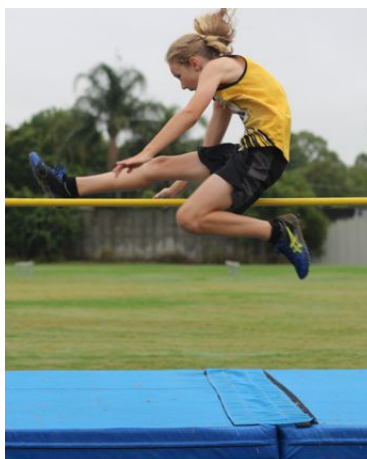
*Age Manager: Amy Hitchen*

Once again, familiar faces turned up and surprisingly a few new faces too...COVID was not going to stop our Under 10 boys from hitting the track and field and smashing out a heap of PB's and awesome wins each and every week!!



I was two weeks late to start the season, but thankfully our awesome returning parents and a few new parents had the gig covered and the boys in rhythm, ready for me to get going when I returned with Taine. Was I really needed!?!?!?

Our group number had shrunk from previous years, but the bonds between the boys have grown and strengthened, there is nothing more heart-warming and encouraging than seeing these young men getting truly excited for each other to succeed, trying to give each other tips and tricks they have found and used and the CHEER they would erupt in, with COVID safe high fives, fist pumps and elbow taps, to follow in one of their mates achieving something they had been trying for, or consoling each other with an encouraging “next time” when they were so close and JUST MISSED out!





It was great to see Arjay and Ryan battle through those last few steps of the 800m's, split seconds between them – we are going to need cameras for the coming seasons finishes. Our new young men Luke D & Luke H, Samuel, JP, all finessing their field events, JP with a great shot put throw, Samuel and Luke H stretching over that High Jump bar, Luke D mastering the Discus throw – and getting closer to hitting his goal .... Me!



Archie and Ned, thick as thieves, challenging each other in every track event, family rivalry ensuring smiles are had each week! Zac, small and mighty, I am not sure what he has for breakfast, but he gave each and every activity every bit of his effort, without fault! Seb lit up the track and field events, with his great sportsmanship and being another great all-rounder!

Cooper had another great year, taking on his runs with great conviction and spirit! Whilst Jamie got faster again in his sprints and gave the other boys some strong competition to chase or keep up with.



A big congratulations to Patrick and Taine who both made it to State Championships and got great results for their first comp at this level!

I am so grateful to all the boys and their families for coming each week, helping me, and each other and their smiling happy faces making the early starts easy, bringing their laughter to our group and their positive energy and sportsmanship to the club each and every week!



## ***U10 Girls***

*Age Managers: Louis Tuyao*

*Assistant Age Manager: Luke Zapetero*

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It was certainly an interesting season with all the COVID restrictions in place but we managed to still make it work and have a whole lot of fun doing it. Despite all the challenges faced, it was another success story for so many of the girls.



This season saw the girls start to get comfortable with High Jump which boosted the confidence in several athletes. It was clear that many of the girls were focused on getting good results and it showed. The girls pushed each other and themselves to be their best week in and week out. This meant several athletes joined the 3m long jump club, the 1m high jump club and the 10m discus club.

Despite not competing in Zone, we had several successful athletes in Region and State across a variety of events. The one thing I love about this group is the way that they encourage and cheer for each other, the sportsmanship shown amongst the group is always great to see. A huge thanks to all the girls and parents for another great season.



## ***U11 Girls***

*Age Manager: Scott Johnston*

What a season! Once we settled into the 3 week program and challenge of 26 girls running, throwing and jumping within the 15 and 30 minute timeslots brought about to compete in a Covid Safe manner, the under 11 Girls shone. It was great to have several new faces join us and we certainly enjoyed helping Evie, Mikayla, Sabrina, Savannah, Mattea and Lucy find their speed, spring and strength as they got in to, and hopefully hooked, on Athletics.



A season that started with limited opportunity to compete against athletes from other clubs, we had many weeks of competition at Gooden amongst ourselves.

Poppy was the first to demonstrate how to jump from the 5m line in Triple Jump, Katherine lead the way in High Jump, Emma and Lyla bettered their own PB each and every time they threw the shot put this season.

We liked keeping the 200m simple for our circular track timekeepers with the Emelia/Amelia/Emilia heat, usually with another named athlete thrown in for good measure, but I didn't realise until late in the season how competitive and close to each other on the finish line our group could be (sorry to the parents who had to determine places in each of our 4 heats at the 200m finish)!





Amber, Madison, and Ella M seemed to still enjoy the challenge of the 800m (although I'm certain Ella never really wanted to start!). Grace, Madeleine and Ella C were quiet achievers, completing each event effortlessly without fuss or fanfare. Alannah seems to excel at walking and talking (although not doing both during the 1100m), Scarlett, Violet, and Ruby all doing their best whether mum or dad observing them or not. Although we didn't see much of Adrita or Eiran this season, they're welcome back anytime!

Particular congratulations to Katherine (High Jump), Violet (Shot Put), Emelia (200m, 40m and 800m) and Emilia (Discus) who all completed at the State Championships at the end of the season, such a wonderful result for you all this season.



In April was also one of our new recruits this season and I congratulated her for the effort she put to every event (including eventually getting the foot work right in Triple Jump) each and every week, awarding her the U11 Girls Age Manager award this season for her perseverance, participation and performance throughout every running day this season.

I enjoy encouraging you all to do your best each and every week, not worrying about who is running beside you, who you beat or who throws further than you, but simply getting involved, doing your personal best and being part of the Winston Hills Under 11 Girls group. You're such a great group to age manage and I encourage you all to continue with athletics and hope to see you back in the U12's next season.



## **U11 Boys**

*Age Manager: Anna Chevalier*  
*Assistant Age Manager: Jackie Mardling*

At the beginning of the season, I think we were all wary about how many weeks our season will go for. Whether or not our season will have to abruptly end, or if our athletes will enjoy a full season. Thankfully it was the latter!



We had many returning athletes and a number of new athletes. The u11 group of boys truly are a friendly bunch and it was great to see how well the newcomers settled in with the group.

Covid-19 brought about changes to our running day. Firstly, we had to run in a separate junior session, and follow a 3 week programme. Fortunately for our age group, this meant that we had the benefit of having a group of u14 boys come and assist. They enthusiastically volunteered when given the opportunity to be involved weeks prior to the season even starting. A massive thank you to Aidan, Rafael and Isaac for turning up for duty every week – for helping out with skills for the new events, raking, measuring or playing bull rush with the boys. It was wonderful to see them give back to their club.

This year the boys were introduced to two new events, javelin and triple jump, as well as being introduced the frosby flop for high jump. Of course they were excited to throw a spear and to try to fly over a horizontal pole. The triple jump was a little more complicated, however they never gave up and attempted to master the hop, step and jump.



Many PBs were achieved throughout the season as they improved in their events. Times were getting quicker, bar was being raised higher and jumps and throws were being measured further. It's fantastic to see the boys develop in their skills and confidence.

Fortunately, the Covid-19 restrictions eased, allowing for the LANSW to run the State Combined Carnival, Region State Qualifiers and the LANSW Little State Championships. We had a number of boys compete at these carnivals and they should all be congratulated on their participation and achievements.





Charlie, Aaron, Cory and Bryson competed at the State Combined Events in Wollongong. Well done to Charlie on receiving a bronze medal.

10 boys qualified and competed at the Region 6 State Qualifier. Congratulations to Charlie, Aaron, Connor, Tom E, Mitchell, Cory, Tom O, Preston, Bryson and Noah. All boys achieved some amazing PBs and making finals. All fantastic achievements.

Bryson, Mitchell, Charlie and Aaron qualified and competed at the Littles State Track & Field Championships. It was a very wet and cold weekend where the boys had to compete under such challenging conditions. A big congratulations to Charlie on winning the gold medal for the 80 Hurdles, and Aaron for winning the gold medal for discus and the silver medal for javelin.

As we all know, Little Athletics is not always all about medals. It is about having fun, making new friends, trying your best, achieving your best and just giving it a go. The u11 boys definitely did all of the above.



Tom O, Archer, Jessie, Adi, Preston, Billy, Tom E, Byron, James McC, Charlie, Connor, Mitchell, Ronin, James McG, Liam, Noah, Bryson, Cory, Ben, Nathan, Ashton & Aaron: It has been an absolute pleasure to be the u11 Boys age manager this year. I hope you have all enjoyed the 2020/21 season, and I look forward to seeing you all back running, jumping and throwing next season!

Finally I would like to thank all the parents for lending a hand in helping out during the season. A big thank you to Jackie for taking on the assistant age manager role. Hopefully the Covid situation remains as stable as it has been so that we will all be able to return back to Little Athletics next season.

## 12 Girls

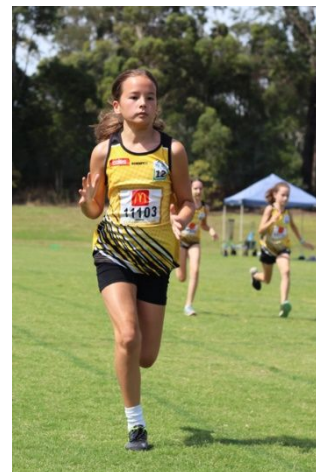
*Age Manager: Brad Martin*

While it was quite a different year with the splitting of groups we all enjoyed the speed and efficiency which we were able to through each of the events.



Javelin would have had to be one of our more challenging events this year and we had plenty of laughs. I think an off season of YouTube instructions and good practice it will become a strong event for us.

Congratulations to the winner of the Managers award, Georga, who was most consistent athlete with a positive attitude each and every week and ended up with the most PB's for the season, great work Georga.



We had some great success this year with two of our girls making it through to State. Matilda set a new Region record for the Walks and went on to win a bronze medal at State and Caitlyn really turned up at region with three firsts in her jump events at region and going on to win a bronze in High jump, well done girls.

Talk to all of you friends girls and let's have a big fun 21/22 season.



## **U12 Boys**

*Age Manager: Kirsten Bayliss*

The U/12 boys have continued to support and encourage each other to go faster, higher, longer. It has been great to see old rivalries continue to be friendly and new rivalries develop to spur each of the boys to further improvement. This year we have all learnt new javelin skills together and it has been great to see each of the boys refine their technique and bring in pb after pb.

The boys closed the season running their last 200m event 'shoulder to shoulder' and this was indicative of their camaraderie through the season.

Alex, Dean, Marley and Noah competed at State qualifiers this year and although we had no athletes make it through to State they were thrilled to be able to compete again.

Thank you to the boys who have been a lovely and encouraging team to lead this year, and to the ever-willing parents who contributed week in week out to our age group events and the club pack-up.



## ***U12 Girls***

*Age Manager: Skeet Gersbach*



Season 20/21 was a terrific season for the team. Together they bonded as a group, always challenging each other during events and being supportive off the track. The girls continue to develop a great team spirit full of cheering, dancing and consuming Zooper Doopers.

We witnessed incredible feats on a weekly basis. Personal bests were shattered across all disciplines. We have some very talented athletes and I look forward to seeing them reach their full potential. The girls have a great sense of humour and make Saturday mornings fun.



We had 3 girls represent the club at the NSW State titles in Javelin, 3000m walk and 3000m run congratulations on seeing your hard work pay off.

I would like to thank the parents who help each week, their measuring sweeping and retrieving skills are top shelf.

The committee have been amazing again this year giving us all the support required to make each weekend a success. I look forward to seeing you all again fitter, faster and stronger next season.



## U13 Boys

*Age Manager: Matthew Webster*

Another huge season for these boys. It was great to see lots of familiar faces as well as a few new ones. This group of boys are exceptionally strong athletes and that can be seen from their results and many PB's throughout the season. Through every competition during the season these boys gave it everything.

It was very disappointing that State Relays was not run this season as this group always does very well. A big congratulations to all those athletes that qualified and competed at state. I couldn't be more proud of all these boys that come out week on week and give their best.

I would like to thank all the parents that help out each week, your help makes all the difference to the running days. I hope to see you all next season and hopefully we can get back to normal next season.





## ***U14 Girls***

*Age Manager: Michelle Nixon*

*Assistant Age Manager: Vicki Milton*

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Firstly, I would like to congratulate our Athletics Club, particularly the Committee, for the successful Covid Safe adjustments made to our running days. After minor teething problems, I have only received positive feedback from families. Most agree that splitting the junior & seniors has resulted in less waiting time for events & a smooth, happy athletics morning.

It was a shame our Zone, Regional & State carnivals couldn't run as we know & enjoyed pre-covid. However, many athletes at our club showed resilience & achieved great results. A BIG congratulations to Samantha, who for another season shined in the 1500m walk, placing 8th at State. Also, congratulations to Sienna Lindsay, our Age Managers choice recipient. Sienna's excellent attendance, PB's & always having a go, resulted in Sienna receiving our award.

Vicki & I are so proud of our girls, who have continued to respect, support & encourage each other throughout the season, as they have for many years, even when a new member joins. Their fun-filled friendships & positive attitudes (most of the time ;) ) is why Vicki & I return as Managers year after year!

Of course we couldn't run the morning without our awesome parent helpers whom we never have to ask (you know who you are) THANK YOU!

Finally, well done U14 Girls & we truly hope you return for the 2021/22 season.



## **U14 Boys**

*Age Manager: Claire Pospischil*  
*Assistant Age Manager: Anna Chevalier*

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I think we can all agree that the past year has thrown us some curveballs. Claire undertook the massive role of being the club's Covid Coordinator and what an amazing job she and the committee have done to ensure that our club could run a season for our athletes, albeit a little different. I (Anna) took on the u14 boys caretaker age manager position with the help of Claire.

I am used to a 20+ group of 9-10 year olds, so I wasn't too sure what to expect from group of 10 or so 13 year olds. It was an absolute pleasure to age manage this great group of friends, who give each other encouragement and maybe a little bit of banter to bring out the best in each other.

Although the group is a small one, there is plenty of talent across all the events. The season was filled with plenty of PBs as they challenged each other and themselves to strive for a better time, longer jump or further throw. Caleb, Raf, Harry, Jackson, Cooper, Brock, Riley, Zach, Aryan, Aidan and Isaac – you should all be so proud of all your achievements in athletics this year!

Congratulations to Riley, Zach, Aryan, Aidan and Isaac for qualifying to compete at the Youth State Track & Field Championship. Riley came home with a bronze medal for the 800m. Whilst Aidan (walks), Zach (triple), Isaac (javelin) and Riley (400m) all finished in the top 10 for their events. Unfortunately, Aryan was not able to compete on the day. Riley also qualified for the ANSW Australian Track & Field Championship for the 800m, which is a fantastic achievement.

Thank you to all the parents for helping out this season. Claire and I hope to see all of the boys return next season!!





## ***U15 Girls & Boys***

*Age Manager: Fiona Nadaya*

*Assistant Age Manager: Lisa Bardney*

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We were very lucky this year as we were able to combine the boys and girls together as one big happy family. It's great to have so many bright and fun individuals in one place. Each week they participated in events, all having their own favourites. As the years go by and the kids grow, watching their personalities flourish and develop as well as their height, makes me feel fortunate to be able to share in their company. A big thank you to Lisa, for being such great support as my assistant age manager. Her skill and attention to detail were an asset to our collective.

Thanks to the kids that attended on a regular basis and gave it a go each week: Victoria, Matej, Natalie, Ben, Rachel, Tobias, Molly, Theo, Clare, Lucas, Vanessa Harvey, Victoria, Jonah & Audrey. Hope to see you all again next season.





## ***U17 Girls***

*Age Manager: Jeffrey Grubba*

With a tinge of sadness I said farewell to the 17 Girls. I have been involved with this group since 2008/2009 as a Parent and helper and from 2015/2016 as Age Manager.

Although smallish in number, the girls actively participated in events and were always well mannered and respectful and a pleasure to manage.

To Maddie and Amelia thank you for efforts over the past few years and your time spent as a Little Athlete at Winston Hills. Hopefully we see you back representing our Club in the senior ranks.

To the younger girls in the 17s, Mary Rose, Mikayla, Zara, Eva, Lovita, Chelsey and Carissa hopefully we can see you back in 2021/2022.

Thank you to all the parent helpers who enabled this season to run smoothly. Enjoy your autumn and winter break.



## ***U17 Boys***

*Age Manager: Anthony Milton*



Well a season like we have never experienced before (and hopefully never will again) has come to a close.

As Age Manager for the U17 boys I would like to thank the WHLAC committee for their tireless efforts in putting into place a COVID plan that enabled the 2020/2021 season to continue and for our U17 seniors to enjoy their last celebratory 400m lap with the rest of the juniors at seasons end.

My thanks as usual every year, go to the parents that turned up each week to either help out with our group or on the track, your ongoing assistance was and has always been greatly appreciated. A special thanks goes to Geoff, as Age Manager for the U17 Girls, for your support and assistance over the last few years, since our groups merged into one.





Congratulations to Connor, Rory, Nathan & Ben who finally finished their WHLAC journey as seniors this year. I have known you all for a number of years now and have enjoyed watching you grow from small boys into mature, well-mannered young men who have always represented the club proudly at local, zone and regional levels.



With my son Ben also being in the final year cohort, this is my final year and report. With my son beginning in the U6's, I started like many others as a spectating parent only before being drafted in as an Age Manager. WHLAC has been a wonderful club to have been a part of for all these years. I have thoroughly enjoyed the mix of competition along with the fun family atmosphere. That even includes the occasional parent walking down the middle of the 400m finishing straight while a bunch of burly boys come motoring around the bend.



Whilst I would have liked to have handed out Age Manager Award to all the finishing seniors my congratulations go to Nathan on receiving my last. Nathan was a deserving recipient, having been with the club since tots and turning up each week ready to compete to the best of his abilities, always striving to improve his PB.

To the remaining boys in our group Ockert, Jake, Xandar, Brendan, Lachlan Jy, Matthew, Zachary, Nicholai, Ryan, Luke and Drew. It was a pleasure to have managed you during my last year and I wish you well in your senior year during the 2021/2022 season.



# STATE ATHLETES

Congratulations to our 52 State Athletes that qualified for the LANSW Littles & Youth State Track & Field Championships. WHAC brought home 17 medals, numerous top 8 finishes and even more PBs.



## Gold Medals

Charlie: 11B 80m Hurdles

Aaron: 11B Discus

Rhys - 13B 80m Hurdles

Vanessa: 15G High Jump

Lachlan: 17B 400m

## Silver Medals

Aaron: 11B Javelin

Danelia: 13G 1500m walk

Rhys: 13B 100m, 200m Hurdles

Joshua : 13B 400m

## Bronze Medals

Caitlyn: 12G High Jump

Jayda: 9G High Jump

Matilda: 12G 1500m Walk

Anthony: 13G Triple Jump

Riley: 14B 800m

Vanessa: 15G Javelin

Brendan: 17B 1500m Walk

Lachlan: 17B 100m

Three of our athletes were also selected for the 2021 Coles Little Athletics National Challenge NSW Team. Congratulations to Rhys (13B), Vanessa (15G) and Rachel (15G).







# SPECIAL THANKS

## VOLUNTEERS

**THANK YOU** to our **WONDERFUL VOLUNTEERS** who have generously given their Saturday mornings to WHAC.







# SPECIAL THANKS

2020/21 COMMITTEE

An extra special thank you must go out to the  
2020-21 WHLAC committee members.

Thank you for providing the skills, time and effort in order  
to ensure the club can run, jump & throw.



Steven Pospischil

Jeffrey Grubba

Richard Abela

Alison Andrews

Lisa Bardney

Anna Chevalier

Jane Francis

Adam Goldberg

Scott Henderson

Kylie Webster

David Macheski

Fiona Nadaya

Claire Pospischil

Anne-Marie Torrens

Matthew Webster

Luke Zapatero













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