

REGULATION 10 – PERPETUAL TROPHIES

Pursuant to clause 40 of the Constitution:

- a) The name or title of each perpetual trophy awarded by the Centre, the criteria for nominating and awarding each perpetual trophy, and the manner of making the award, shall be in accordance with the requirements of these Regulations as specified in Appendix 10-A.
- b) Unless otherwise stated, and except for awards decided on a “point-score” basis, the Committee shall decide the nominated athlete or athletes, who is/are to receive each award, and no negotiations or appeal as to any such decision may be undertaken or made by any person, or entertained by the Committee. In the case of the Don McDougall Trophy, the same provisions apply to a decision of the Committee to award the trophy to a nominated adult or adults.
- c) Except for awards decided on a “point-score” basis, the Committee may withhold the award of any perpetual trophy in any season, and no negotiations or appeal as to any such decision may be undertaken or made by any person, or entertained by the Committee.
- d) Except for an award decided on a “point-score” basis, a nomination for the award of a perpetual trophy must be made in writing, and must name the athlete so nominated and give brief reasons in support of such nomination addressing the prescribed criteria. The nomination must be submitted to the Secretary of the Centre on or before the Saturday following the Little Athletics State Championships, of the season to which the nomination relates.

Appendix 10-A – Perpetual Trophy Criteria

The numbering sequence is for the determination of trophy recipients by the Committee, not the presentation sequence.

For trophies where both Eligibility Criteria and Performance Criteria are required, the committee may determine the award by assessing the nominee verses the eligibility criteria before the performance criteria, and placing greater emphasis on the eligibility criteria.

1. The Spirit of Little Athletics Trophy

Background

This trophy is awarded for outstanding achievement at any level of competition. It is the Centre’s highest award and may be awarded to a boy and a girl annually.

Eligibility criteria

Male and female athletes from the under 15 and older age groups are eligible for this award.

The trophy may not be awarded to any athlete more than once.

Performance criteria

To achieve this award, an athlete must:

- display good sportsmanship;
- compete regularly in all events;
- have displayed a sustained commitment to the Centre including a high level of attendance record at Centre events;
- stand out as one who persistently strives for excellence in performance, commitment and represents the club at competition events;

- display a positive and respectful attitude towards other competitors, age managers, coaches and officials.

The athlete should be widely regarded as a role model for other athletes in the Centre.

The trophy is not awarded as a matter of course and will not be awarded in any year, to any boy or girl, if in the opinion of the Committee, the criteria are not met in all respects.

Nominations

Nominations will be accepted from Committee members, Club Coaches, Age managers of the under 15 and older age groups or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

2. Jim Arkins WHAC Excellence in Athletics Trophy

Background

Jim Arkins was instrumental in establishing the Winston Hills Little Athletics Centre in 1974-1975. He served on the LANSW Board for many years, was involved in Little Athletics for over forty years and was inducted into the Little Athletics Australia Roll of Excellence in 2011 in recognition of his service to the sport. This trophy has been named in his honour.

Eligibility criteria

The trophy may be awarded to an athlete or a team of athletes representing the centre, notwithstanding that the same athlete or team have received any other award in the same season.

The trophy may be awarded to any person or persons more than once.

Performance criteria

This trophy is awarded for excellence in athletics demonstrated by **outstanding and superior achievement** in performance by an athlete, or a team of athletes competing together in a specific event or events.

The Committee, in consultation with any official or member of the Centre if and as it thinks fit, shall decide whether the nominated athlete(s) has/have achieved a level of outstanding and superior achievement constituting a standard of excellence before determining whether the award shall be made to any or all nominees. Each nominee for this award will be considered separately and on their individual merits to decide whether a level of outstanding and superior achievement constituting a standard of excellence has been achieved by the nominee before a final vote on the award from the group of nominations.

As this award is for outstanding and superior achievement only, the Committee may decide that the trophy is not to be awarded should it reach the conclusion that achievement in that season has not reached a standard of excellence.

Nominations

Nominations will be accepted from Committee members, Centre Coaches, Age Managers or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

3. Jana Pittman Junior WHAC Excellence in Athletics Trophy

Background

The Jana Pittman Junior Excellence in Athletics Trophy is presented to junior athletes in the U8-U11 age groups of the club who achieve outstanding levels of success in athletics. This trophy is named in honour of former Winston Hills athlete, World Champion, Commonwealth Games Gold medallist and Olympian Jana Pittman.

Eligibility criteria

The trophy may be awarded to an athlete or a team of athletes representing the centre in the U8-U11 age groups, notwithstanding that the same athlete or team have received any other award in the same season with the exception of the Jim Arkins Excellence in Athletics award.

The trophy may be awarded to any person or persons more than once.

Performance criteria

This trophy is awarded for excellence in athletics demonstrated by **outstanding and superior achievement** in performance by an athlete, or a team of athletes competing together in a specific event or events, within the U8-U11 Age Groups.

The Committee, in consultation with any official or member of the Centre if and as it thinks fit, shall decide whether the nominated athlete(s) has/have achieved a level of outstanding and superior achievement constituting a standard of excellence before determining whether the award shall be made to any or all nominees. Each nominee for this award will be considered separately and on their individual merits to decide whether a level of outstanding and superior achievement constituting a standard of excellence has been achieved by the nominee before a final vote on the award from the group of nominations.

As this award is for outstanding and superior achievement only, the Committee may decide that the trophy is not to be awarded should it reach the conclusion that achievement in that season has not reached a standard of excellence.

Nominations

Nominations will be accepted from Committee members, Centre Coaches, Age Managers or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

4. The Queen Elizabeth II Trophy

Background

His Royal Highness Prince Phillip presented this trophy to the Winston Hills Little Athletics Centre to commemorate the success of our athletes at a Gala Day held in his presence.

The aim of this award is to encourage the athlete to continue to participate in athletics beyond Little Athletics.

Eligibility criteria

Little Athletes from the under 14 age group or above are eligible for this award.

The trophy may not be awarded to any athlete more than once.

Performance criteria

This trophy is awarded to an athlete to recognize his or her positive commitment to Little Athletics over many years through representing the Centre, who has demonstrated a

determination to develop and improve through a high level of attendance and participation in all weekly Centre events.

The trophy may be, but is not necessarily awarded to the best performing or most talented athlete.

Nominations

Nominations will be accepted from Committee members, Centre Coaches, Age Managers or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

5. The Mark Warwick Memorial Trophy

Background

The Mark Warwick Memorial Trophy is presented to junior athletes of the club who exhibit great sportsmanship in athletics. It is in memorial of former athlete of Winston Hills, the late Mark Warwick.

Eligibility criteria

Athletes from the under 9 to under 14 age group are eligible for this award.

The trophy may not be awarded to any athlete more than once.

Performance criteria

To achieve this award, an athlete must:

- display good sportsmanship;
- compete regularly in all events;
- have displayed a sustained commitment to the Centre including a high level of attendance record at Centre events;
- stand out as one who persistently strives for excellence in performance, commitment and represents the club at competition events;
- display a positive and respectful attitude towards other competitors, age managers, coaches and officials.

The athlete should be widely regarded as a role model amongst their peers.

The trophy is not awarded as a matter of course and will not be awarded in any year, to any boy or girl, if in the opinion of the Committee, the criteria are not met in all respects.

Nominations

Nominations will be accepted from Committee members, Club Coaches, Age managers of the under 9 to under 14 age groups or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

6. The Winston Hills State Relays Trophies (Track & Field)

(also known as the Frank Atkins State Relays Trophies)

Eligibility criteria

All track relay teams and field relay teams in any age group who have represented the Centre at the LANSW State Relays carnival in the current season are eligible for these awards.

A relay team, or any member of a relay team, may be awarded these trophies more than once.

Performance criteria

These trophies are awarded to each of the track relay team and the field relay team that achieved the best results at the LANSW State Relays carnival.

In the event of equal placings at the State Relays carnival, the team identified as closest to a higher placing will be deemed the highest placed team. Where equal teams cannot be differentiated on closest to the highest position, the outcome will be determined by the team with the highest percentage when the results are compared to the State Relays records for the event.

Nominations

The awards are made by the Committee on the basis of the relevant LANSW State Relays carnival results, as advised by the Championships Officer.

7. The Kathy Bail Sprints Trophy

Background

Kathy Bail is a former sprinter at the Centre, who donated this trophy.

This trophy is awarded to an athlete who reaches a **high level of achievement** in Sprints competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:

Any one or more of 70m, 100m, 200m and 400m run events. Hurdles events are specifically excluded.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Sprint Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

8. The Ray Clarke Middle Distance Trophy

Background

Ray Clarke was a middle distance Coach at the Centre for the season 1982/83 through to the late 1990s. He dedicated many hours of his own time to the athletes of the Centre and remained as a Coach after his own children had ceased competition in and for the Centre. He encouraged and promoted fitness, sound preparation and proper training so that athletes competing in middle distance events were always able to meet the demands placed upon them.

This trophy is awarded to an athlete who reaches a **high level of achievement** in Middle Distance competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:

Any one or more of 800m, 1500m and 3000m run events.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Middle Distance Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

9. The Wayne Clark Hurdles Trophy

Background

Wayne Clark has been a Centre Throws and Hurdles Coach since 1982/83. In 1996/97 he was nominated as the Coach of the Year in the Hills area, and was honoured in recognition of his contribution to athletes in the Hills.

This trophy is awarded to an athlete who reaches a **high level of achievement** in Hurdles competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:

Any one or more of 60m, 80m, 90m, 100m, 110m and 200m hurdle events.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Hurdles Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

10. The Kerry Arkins Walks Trophy

Background

Kerry Arkins was a Walks Coach at Winston Hills throughout the 1990s, and has produced many fine walkers during this period. This trophy is dedicated to Kerry's love for this walks events and to commemorate the time and effort that she has devoted to the young athletes of our Centre.

This trophy is awarded to an athlete who reaches a **high level of achievement** in Walks competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:

Any of 700m, 1100m or 1500m walk events.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Walks Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

11. The Dave Bruce Throws Trophy

Background

Dave Bruce is a former Centre President and has been a Throws Coach at the Centre for more than 30 years. He has been very successful in ensuring WHLAC status as a leading Throws Centre. In recognition of his continued and sustained commitment to coaching young athletes, Dave was named as the 2010 ATFCA (NSW Branch) Little Athletics Coach of the Year.

This trophy is awarded to an athlete who reaches a **high level of achievement** in Shot Put and/or Discus competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:

Either or both of Shot Put and Discus only. Javelin is explicitly excluded.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Throws Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

12. WHAC Javelin Throwers Trophy

Background

This trophy is awarded to an athlete who reaches a **high level of achievement** in Javelin competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:
Javelin only.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Throws Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

13. WHAC Jumps Trophy

Background

This trophy is awarded to an athlete who reaches a **high level of achievement** in Long Jump and/or Triple Jump competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:
Long Jump and Triple Jump events only.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (verification will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (verification will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Long/Triple Jumps Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

14. WHAC High Jump Trophy

Background

This trophy is awarded to an athlete who reaches a **high level of achievement** in High Jump competition.

Eligibility criteria

Athletes nominated must be registered in an age group for which the relevant event(s) is/are officially sanctioned by LANSW for the nominated athlete's registered age group.

The events to which this trophy applies ("the relevant events") are:
High Jump only.

Nominated athletes must have represented the Centre during the current season at LANSW carnivals (State, Region or Zone) in the relevant events.

The nominated athlete also must have:

- regularly attended and participated in the relevant events at Centre level;
- demonstrated positive and respectful attitude with all other competitors, age managers, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in the relevant events;
- stood out as an athlete who consistently strives for excellence in the relevant events.

The trophy may be awarded to any athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at LANSW carnivals (relevant information will be obtained from the Centre's Championships Officer and will be taken into account);
- results at Centre level (relevant information will be obtained from the Centre's Records and Rankings Officer and will be taken into account);
- demonstrated improvement throughout the season.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre High Jump Coaches or other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

15. The Nicholas Fortuna Memorial Trophy

Background

The late Nicholas Fortuna was an athlete in the under 8 age group at the Centre. His family presents this trophy each year in his memory.

Eligibility criteria

Any athlete in the under 6, under 7 and under 8 age groups is eligible for this award.

The trophy may not be awarded to any athlete more than once.

Performance criteria

This trophy is presented to the athlete who best excels in commitment and performance, as an 'all-rounder'.

Results are to be obtained from the Records and Rankings Officer, and must be taken into account in determining the recipient of this award.

Nominations

Nominations will be accepted from Committee members, Age Managers, Centre Coaches or any other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.

16. The Winston Hills Veterinary Cross Country Trophy

Eligibility criteria

Athletes of any age group are eligible for this award.

This trophy may be awarded to an athlete more than once.

Performance criteria

This trophy is awarded to the athlete who achieves the highest point score in the Cross Country season.

In the event that two or more athletes tie for first place with equal points, each such tied athlete will be awarded a trophy.

Nominations

The recipient of this award is determined by the Committee on the basis of the point scores certified as correct and submitted by the Cross Country Convenor.

17. The ANSW Senior Athlete Trophy

Eligibility criteria

Any athlete who has competed for Winston Hills Athletics Centre in any ANSW sanctioned event.

Nominated athletes must have represented the Centre during the current season at ANSW competitions.

The nominated athlete also must have:

- regularly attended and participated in ANSW competitions;
- demonstrated positive and respectful attitude with all other competitors, coaches and officials at all times;
- demonstrate the technical skills and attitude necessary to allow him or her to perform consistently well in ANSW competitions;
- stood out as an athlete who consistently strives for excellence in their chosen event or events.

This trophy may be awarded to an athlete more than once.

Performance criteria

The criteria for awarding of this trophy is based on the following, provided the eligibility criteria have been met:

- results at ANSW competitions (relevant information will be obtained from the Centre's Championships Officer and will be taken into account);
- demonstrated improvement throughout the season.
- demonstrated commitment to the sport of athletics.

18. The Don McDougall Trophy

Background

Don McDougall was a founding member and early President of the Centre. This trophy is awarded in his honour.

Eligibility criteria

Any adult, whether he or she is or is not a current financial member of the Centre, who meets or exceeds the criteria, is eligible for this award.

This trophy may not be awarded to any person more than once.

Performance criteria

This trophy is awarded to an adult or adults whose participation in and contribution to the Centre activities, have gone well beyond the call of duty and who has or have contributed in a significant and exceptional way to the Centre's success, growth or development. It is reserved for outstanding contributions and demonstrably deserving cases.

Nominations

Nominations may be made by any member of the Committee or any other adult members of the Centre.

Nominations must be in writing and address each of the criteria detailed above.