

WHLAC Parent Help Roster – Season 2011/2012

In a departure to previous years parent help rostering, we will no longer have a rotating roster system for the SET UP and PACK UP each week.

Instead, each age group will be allocated the same task or event area each week to improve efficiency. Parents and carers within each age group can then share the responsibility within their group. Boys groups will be attached to one running programme (A), and Girls groups the other (B), as indicated below.

In addition, one parent from each of the U7-U17 age groups will assist the track officials each week. Girls groups will be attached to one running programme (A), boys groups the other (B), as indicated below.

AND THERE WILL BE NO CANTEEN OR BBQ ASSISTANCE REQUIRED THIS SEASON!

SET UP ROSTER (arrive 7.00am): Programme A - Boys; Programme B - Girls

Age Group	Event Area / Activity
U15	200 hurdles
U14	Straight hurdles
U12	100m track timing gates
U9	Hurdle track timing gates
U8	Long jump pits prep
U7	Long Jump run ups & takeoff pad prep
TT & U6	Shade tents

TRACK HELPERS ROSTER (in position 8.20am): Programme A - Girls; Programme B – Boys

Age Group	Event Area
U13, U14, U15, U17	Circular track
U10, U11, U12	Hurdles track
U7, U8, U9	100m track

PACK UP ROSTER (on completion of relevant event area): Programmes, A - Boys; B – Girls

Age Group	Event Area / Activity
U17	200 hurdles
U13	Straight hurdles
U10 & U11	General pack-up*

* General pack-up

Please ensure there are enough helpers from **both age groups** to pack-up at the end of the day. If everyone pitches in we can get everything done a lot quicker. Please don't leave this job to the same one or two people!