



WINSTON HILLS LITTLE ATHLETICS CENTRE ABN 99 236 738 014

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11 December, 2008

To all WHLAC members,

As there will be no WHLAC newsletter produced this week we would like to give you a short outline of some events occurring in the next couple of running days.

SATURDAY 13th DECEMBER

The timing gates used for the 100m track will not be in operation on this day, therefore we will NOT be running 100m events for any age groups. This also applies to 70m events that use the timing gates.

Instead, we will run heats of the CELEBRATION DAY RELAYS. The relays will be the first event of the day, so we urge all participants to ensure they are at the grounds by 8.15am.

ZONE NOMINATION FORMS must be handed in by Saturday at the very latest to ensure athletes have the best chance of being selected. Forms can be found on the WHLAC website www.whlac.org.au or a copy is available in the 2008-2009 Information Booklet (page 21). A Programme of Events for the Zone Carnival is now available on the LAANSW North West Metropolitan Zone website www.poolez.com/nwmet/.

SATURDAY 20th DECEMBER

This is our last running day for the year and also the Presentation Day for our Tiny Tots. To celebrate the festive season we will be conducting some novelty events such as the much anticipated Parent's Race, Tug-of-War etc. All athletes will receive a sausage sandwich and drink from the canteen, and we may be lucky enough to have a surprise visitor! Please try and make it on this day as it is always lots of fun.

SATURDAY 10th JANUARY

Our season resumes after the Christmas break.

Thank you for your continued support and we hope to see you all on Saturday.

Yours in athletics,

WHLAC Committee

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