

STATE RELAYS - 2011

RAIN, HUMIDITY, PROTESTS, RERUNS & MEDALS

Well what a weekend! This will go down as one of the most memorable weekends for many reasons. For a period of time on Saturday I thought we were at the aquatic centre, but then I realised that their water is warmer. For our Under 8's, welcome to your first State Relays, and just think it can only be warmer and dryer next year. For those who were not there on Saturday, our Junior athletes got drenched in the morning before the sun decided to come out in the afternoon making it humid, so not ideal conditions. Sunday was a total reverse, with full sun all day. To all of the athletes who participated across the 2 days, you all did a fantastic job, especially considering the conditions.

The medal count was 1 Gold & 2 bronze medals. The gold went to the Under 8 Girls Shot Discus team who won by 17 points, which is a combined distance of 20cm across all 4 girls. The 2 bronze went to the Under 11 Boys Shot Discus team & the Under 15 Boys Shot Discus team. Congratulations to all of these athletes.

4 teams obtained 4th places & were just outside the medal tally.

There were 6 other superb performances where track teams obtained PB's, the best being 41 seconds for the Under 14 mixed 4 x 400 relay team, 34 seconds for the Under 13 mixed 4 x 400 relay team, 20 seconds for the Under 12 mixed 4 x 400 relay team, 18 seconds for the Under 17 mixed 4 x 400 relay team, 16 seconds for the Under 10 mixed 4 x 400 relay team & 2.36 seconds for the Under 17 mixed 4 x 100 relay team.

What makes the 2 Under 17 PB's even more memorable is that Nicholas Sullivan did 5 events on the day & Ben Allen did 7 events. This is not to diminish from the great effort the other team mates Emily Morgan & Abigail Marfo (3 events each) or Shinelle Baker or Eleni Velonas (4 x 40 team mates), but to simply acknowledge their outstanding stamina. You ask why so many events.....Firstly the Under 17 mixed 4 x 100 relay (heat 1) had a protest lodged by a centre as one of their athletes was taken out by another team. The protest resulted in that team being disqualified from the results along with another 2 teams (DQ's were plentiful on the weekend with 49 in total, 28 juniors & 21 seniors). This meant that the first heat had to be rerun, but by this stage the 4 x 400 mixed relay had just been run & the guys had also finished 2 field events each. The 4 x 100 was rerun & the team made the final which was run 20 later, which was then followed by the final of the mixed 4 x 400.

These PB's for both teams were worth gold.

Many thanks to the age managers for making this year's selection process easy, and despite all of the last minute changes to teams the athletes performed well together.

Junior Teams			
Team	Event	Place	PB
U8 Girls	Shot/Discus	1st	
	4x100	Outside of Top 9	
	4x200 Mixed	Outside of Top 9	
U8 Boys	Shot/Discus	11th	
	4x100	Outside Top 9	

U 8 Mixed	4x Long 4x200 Mixed	13th Outside Top 9	
U9 Girls	Long Shot/Discus 4x100	12th 9th 7th	
U9 Boys	4x Long Shot/Discus	11th 10th	
U10 Girls	Shot/Discus 4x100	4th Outside of Top 9	
U10 Boys	Shot/Discus 4x100	4th DQ	missed by 61pts = 81 cm
U10 Mixed	Long/High 4x400 Mixed	12th Outside of Top 9	16 sec. combined PB
U11 Girls	4x100	Outside of Top 9	
U11 Boys	4x100 Long/High Shot/Discus	Outside Top 9 4th 3rd	
Junior Boys	Middle Distance	Outside of Top 9	
Junior Girls	Middle Distance	Outside of Top 9	

Senior Teams

U12 Girls	Long/High Shot/Discus 4x100	10th 9th Outside of Top 9	
U12 Mixed	4x400 Mixed	Outside Top 9	20sec combined PB
U13 Girls	Long/High	13th	
U13 Boys	Long/High Shot/Discus 4x100	8th 7th 8th	
U13 Mixed	4x400 Mixed	6th	34 sec combined PB
U14 Boys	4x100	5th	
U14 Mixed	4x400 Mixed	7th	41.1 sec combined PB
U15Girls	Long/High Shot/Discus 4x100	5th 8th Outside of Top 9	
U15Boys	Long/High Shot/Discus 4x100	12th 3rd Outside Top 9	
U17 Girls	Long/High Shot/Discus	5th 4th	
U17 Boys	Long/High Shot/Discus	7th 5th	
U17 Mixed	4x100 Mixed 4x400 Mixed	8th 6th	2.36 sec. combined PB 18 sec. combined PB

Regards
Simon Nicola
Championships Officer